

Scallions

Let's Begin

Tapas Platter

Tabouli, hummus, falafel and shrimp salad.
Served with naan 14

Guacamole Brie Melt

French baguette filled with guacamole
and sundried tomatoes topped with
brie cheese and herbs 10


Scallions Flatbread

Grilled flatbread, caramelized onions, artichokes,
kalamata olives, melted havarti, arugula
and balsamic reduction 11

Spinach-Artichoke Dip

With grilled naan and flatbread crackers 9


Polenta and Mushrooms

Grilled polenta rounds, roasted mushrooms
and shaved parmesan 12 




Ahi Tuna

Sesame crusted tuna, garlic-lime aioli,
seaweed salad, and flatbread crackers 12

Fried Green Tomatoes

With sweet sriracha dipping sauce 10 

Hummus

With grilled naan 9 
With crudite 9  


Falafel

With sweet Thai chile sauce 9  

A Well Dressed Salad

Add French Baguette 3. Add Grilled Naan 2.


Chicken & Sundried Tomato Salad

Grilled chicken, sun dried tomatoes, red onion,
roasted red peppers, kalamata olives and
walnuts served on greens with
our house vinaigrette 14 


Souvlaki Salad

A salad of grilled marinated chicken,
chopped romaine, red onion, kalamata olives,
tomatoes and feta cheese on grilled naan
with tzatziki sauce 14

Citrus Duck Salad

Baby spinach, dried cranberries, oranges, pecans,
goat cheese and duck leg confit with a
sweet poppyseed dressing 17 


Steak Salad Tanner

Sliced prime flatiron steak over romaine and spinach
with artichokes, plum tomato, red onion and
crumbled blue cheese with house vinaigrette 17 


Crabcakes & Greens

Two grilled Maryland crabcakes over
vinaigrette dressed greens with sliced tomato,
cucumbers and a creamy roasted
red pepper sauce 16


Shrimp & Fennel Salad

Grilled shrimp, crispy prosciutto, fennel,
artichokes, and shaved parmesan tossed with
vinaigrette dressed arugula 16 


Salmon Sasha

Wild caught Atlantic salmon over arugula with
roasted beets, apples, goat cheese, pecans and
red onion with a beet vinaigrette 17 



Trio Salad

Curry chicken, tuna and quinoa salad over
greens with tomato and pickle 14 



Mediterranean Cobb Salad

Roasted red peppers, haricot verts, grape tomatoes,
hard cooked eggs, kalamata olives, chickpeas,
walnuts and feta cheese over arugula
with tahini-lemon dressing 15 


Farm Stand Salad

Grilled eggplant, portobello mushrooms,
chickpeas, roasted tomatoes, roasted red peppers,
beets and pine nuts over arugula, with
extra virgin olive oil and balsamic reduction 14  

Quinoa Salad

Quinoa, mango, scallions, red onion,
red pepper and cilantro tossed
with sweet chile vinaigrette over
baby spinach with roasted beets and
a dollop of mashed avocado 14  

Tofu Salad

Buckwheat soba noodles
tossed with julienned vegetables, arugula,
and sesame soy vinaigrette, topped
with grilled tofu 14 

 = GLUTEN FREE  = VEGAN



Wraps & such

Crispy Quinoa Burger

Crispy pan fried quinoa cake, melted pepper-jack, avocado, greens, tomato, sprouts, and sriracha mayo on a brioche roll 13.5

Grilled Chicken & Rice Wrap

Grilled chicken, rice, Swiss cheese, garlic mayo, roasted red peppers, sour cream and salsa in a grilled wrap 13.5

Maui Chicken Wrap

Curry chicken salad, Swiss, greens, tomato and sprouts with mango-chutney mustard in a wrap 13.5

Raspberry Chipotle Turkey Wrap

Smoked turkey, havarti, bacon, red onion and raspberry chipotle sauce in a grilled wrap 13


Smoked Salmon Wrap

Sliced smoked salmon, bacon, greens, tomato, red onion, avocado and sprouts in a wrap 14


Tuna Wrap

Our tuna salad with lettuce, tomato, hard cooked eggs and sweet pickles in a wrap 13

Falafel Wrap

Homemade falafel in a wrap lined with hummus, greens, tomato, cucumber and sweet chili sauce 13 

Grilled Garden Wrap

Portobello mushroom, eggplant, tomato, spinach, artichokes, and wild rice with romesco sauce in a grilled wrap 13.5 

Paninis

Rock Hill Breads ~ Grilled and Pressed

Galileo

Grilled chicken with Swiss & smoked mozzarella, roasted red peppers & garlic mayo on grilled corn-jalapeño bread 13.5

Turkey & Brie

Smoked turkey and brie cheese with fig jam on grilled olive bread 13.5

Reuben

Corned beef, melted Swiss, sauerkraut and roasted red pepper dressing on grilled marble rye 13.5

Ham & Havarti

Applewood ham, melted havarti, caramelized onions and honey mustard on grilled farm bread 13.5

Beverages

Sparkling

Pepsi • Diet Pepsi • Ginger Ale • Sierra Mist
Saranac Root Beer or Ginger Beer
Saratoga Sparkling and Flat

Home Brewed Iced Tea

Unsweetened • Raspberry • Pomegranate • Peach

Lemonade

Bitburger Premium Pils 0.0% alcohol

Milk

2% • Almond • Soy • Chocolate

Juice

Orange • Grapefruit • Cranberry • Pineapple • Apple

Harney's Tea Sachets

Paris • Cinnamon • Earl Grey • English Breakfast
Mint • Chamomile • Rooibos Chai
Pomegranate Oolong
Green • Green & Peppermint
Decaf Black

Premium Coffee

Iced Coffee



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